



Sunshine School

175 Kihapai Street Kailua, Hawaii 96734

Phone: (808) 261-8278 Fax: (808) 261-8270

www.sunshineschoolkailua.com

POLICY for HEALTH AND ILLNESS

If your child is unable to attend school, please notify the teacher by phone or email, or contact the office at (808) 261-8278. If he or she has any suspicious or identifiable medical ailments, or if he or she is still in the recovery stage, unless accompanied by a doctor's note stating that the child is no longer contagious to others, they must stay home.

A fever is 100.4 or higher. If a child is sent home from school, they may return when they are fever-free and symptom-free, provided they have been without medication for 24 hours. If the fever originates at home, they must be fever- and symptom-free for 24 hours. A doctor's note is required for children to return if they have been diagnosed with a contagious illness.

Examples of common communicable diseases that require a doctor's note to return include conjunctivitis (pink eye), hand/foot/mouth disease, impetigo, norovirus, pinworms, strep throat, chicken pox, and mumps.

Children should not come to school if they are displaying any signs of illness. Children with the following symptoms should **not** be sent to school:

- Fever
- Low energy
- Runny nose
- Coughing
- Sneezing
- Sore throat
- Earache
- Nausea
- Vomiting
- Diarrhea
- Rashes
- Any signs of sickness

If your child displays any of these symptoms, we will send your child home from school. Your child will need to remain at home until they are symptom-free for 24 hours without the need for medication.

Illness Policy

We realize that it is difficult for working parents to keep their children home, but exclusion from School will help prevent contagion and promote your child's health and safety. Children should be kept home from school if they are feverish, have diarrhea and/or vomiting, have nasal mucous discharge that isn't clear, or if they show signs of becoming sick (listlessness/drowsiness, productive cough, sore throat, ear pain, eyes that are pink, burning, itching, or producing discharge). Suppose your child cannot comfortably participate in the day's usual activities or needs to stay indoors and/or have additional rest. In that case, these signs are generally indicative that the child should not be at school.

Sunshine School has established guidelines in accordance with state childcare law and other best practices regarding sick children. In case of a communicable disease or condition, and at the discretion of the Department of Health, other parents will be notified to watch for symptoms in their children.

If your child becomes ill during the school day, every effort will be made to make them comfortable, away from the other children, but with a familiar caregiver. A parent will be called immediately to pick them up. Sunshine School cannot provide arrangements for the care of sick children. Parents are required to respond as soon as possible when contacted by Sunshine Staff about a sick child. If we cannot reach the parent within thirty minutes, we will contact the family's emergency contacts as listed on the enrollment/annual forms. If the illness warrants, the child's pediatrician will be contacted for consultation.

Children may attend with minor illnesses if it is not contagious, and it does not affect the child's ability to participate in the day's routine. Minor illnesses include:

- Mild respiratory infections
- Acute infections subsiding after treatment, such as pink eye, impetigo, and ear infections
- Cold symptoms without a fever

If the child's health deteriorates at any point during the day, the parent will be contacted to pick them up.

It is always helpful if you can provide Sunshine School with a doctor's note when applicable.